



Cascade

Costanoa

Lunch

11am to 2pm

Crab Cakes		15
<i>dungeness fresh crab, kalamata olive relish, lemon</i>		
Graham Cracker Calamari		14
<i>lightly breaded & crispy, served with roasted garlic cilantro aioli, spiced romesco</i>		
Cascade Burger		13
<i>cheddar, house sauce, lettuce, tomato, red onions, pickle, fries or mixed greens</i>		
<i>bacon</i>	<i>2</i>	<i>avocado</i> <i>2</i>
<i>sauteed mushroom:</i>	<i>2</i>	<i>mary's farm duck egg</i> <i>3</i>
Oven Roasted Chicken Sandwich		12
<i>seasoned chicken breast, ciabatta roll, pesto aioli, lettuce, tomatoes, fries or mixed greens</i>		
Marinated Portobello Mushroom Burger		12
<i>grilled, red onion, tomato, spring mix, avocado, fries or mixed greens</i>		
Grilled Vegetable Sandwich		11
<i>seasonal marinated fresh vegetables, ciabatta roll, fries or mixed greens</i>		
Tres Tacos		13
<i>choice of: seared fish, carnitas, chicken, or vegetarian beans</i>		
<i>avocado, cilantro, cotija, cabbage, chipotle aioli</i>		
Fish and Chips		12
<i>Lucky Buddha beer batter, malt vinegar aioli, pink peppercorns</i>		
Stuffed Grilled Cheese		11
<i>grilled onion, roasted tomatoes, cheddar, fries or mixed greens</i>		
Traditional King Crab "Louie"	(add prawns +\$4)	18
<i>fresh crab, baby iceberg, egg, avocado, tomato, louie dressing (GF)</i>		
Chopped Ceasar	(add prawns +\$4, chicken +\$6, salmon +\$12)	11
<i>vogner-marinated artichokes, grana padano, croutons, ceasar dressing</i>		
Mixed Green Salad	(add prawns +\$4, chicken +\$6, salmon +\$12)	9
<i>local greens, cucumber, red onion, heirloom cherry tomatoes, candied walnuts, fig-balsamic dressing (V) (VG)</i>		
Roasted & Braised Beets		11
<i>red & gold beets, baby arugula, fennel, manchego cheese, thyme vinaigrette (GF)</i>		
Seafood Chowder	cup	6
<i>clams, seasonal seafood, cream, smoked paprika oil</i>	bowl	8

Many of our dishes can be adjusted to accommodate dietary restrictions, please ask your server

Our ingredients are locally sourced whenever possible